

Wobble Before You Gobble

Saturday, November 19

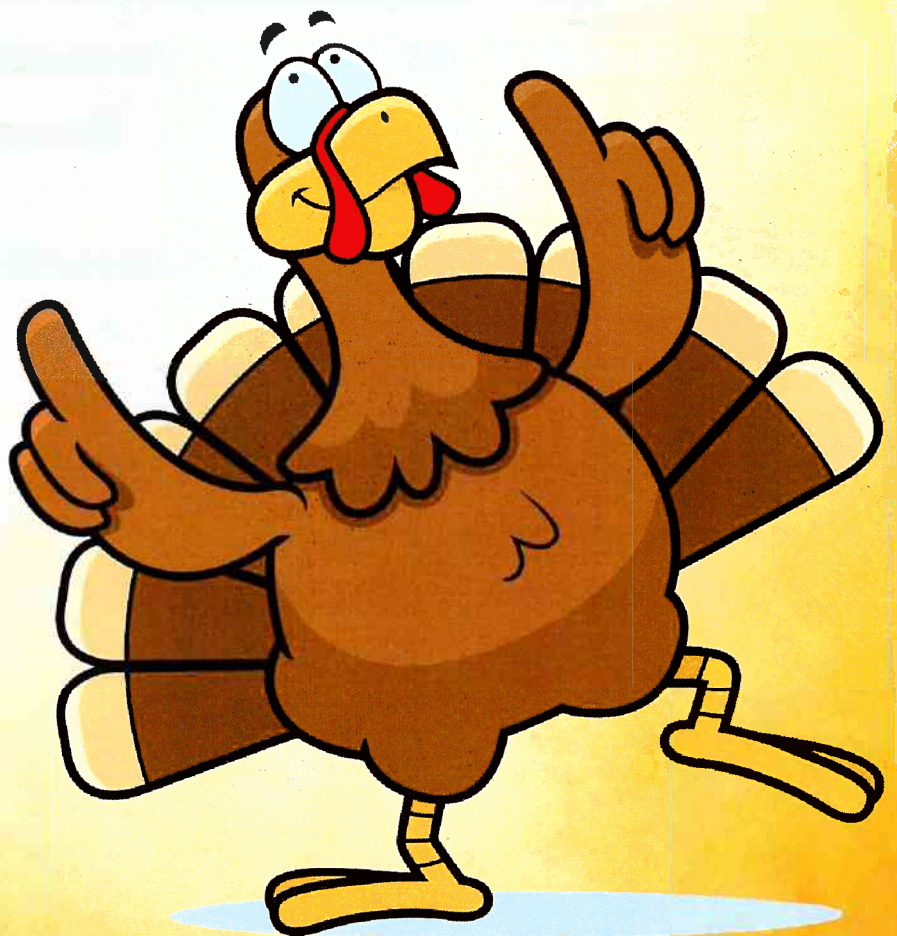
Burn those calories before you sit down with your family and friends for a Thanksgiving feast all while supporting a great cause. Bring in a FROZEN turkey, use your turkey during the workout and then donate the turkey to those who can't afford a Thanksgiving meal.

TIME: 9:00 - 9:45 a.m.

LOCATION: CCC Upper Gym

COST: FREE workout with the donation of a FROZEN turkey. The turkeys will be used by Love INC to feed local families this Thanksgiving.

Choose your turkey wisely-you will be using your turkey as a weigh during the workout! The turkey must be FROZEN. Gloves are encouraged-don't want frozen fingers. If you prefer not to participate in the workout, simply drop it off at the CCC before 10:00 a.m.



ChaskaCommunityCenter.com

Thanksgiving Food Drive 2016

Help us collect meal items that will be distributed to local families needing assistance. Each of the 100 families will receive a meal bag including a turkey the week of Thanksgiving! This project is in partnership with area churches and Love, INC. Please drop off your food at the Lodge in the CCC.

Thank you for helping others!

October 17—23

- Canned Vegetables

October 24—30

- Boxed Potatoes

Oct. 31—Nov. 6

- Gravy (Can or Jar)

November 7—13

- Boxed Stuffing

November 14—18

- Boxed Jello or Pudding

